

KS1 Football

Football in KS1 will develop the basic skills of the game including passing, dribbling and receiving. In year 2 these skills will be refined to have control and accuracy. Children will also learn the basic rules of the game.

In this unit children will:

- Participate in team games.
- Be able to communicate effectively.
- Dribble with the ball.
- Pass the ball using the right part of their foot
- Stop the ball using the right part of their foot.
- Practice heading a ball.
- Turn with a moving ball.
- Become familiar with some of the key rules of the game such as free kick, corner, hand ball, foul.

Prior Learning

EYFS Football Skills

Cross Curricular Links

Football can be linked to maths for counting and sequencing, as well as direction.

Key Vocabulary

Ball carrier- A player that has possession of the ball.

Control, cushion - Control of the ball by withdrawing the surface in contact with the ball on impact, e.g. the thigh.

Cool down -The portion of practice devoted to stretching muscles and returning body functions to their normal state.

Corner flag - The flag located at each of the 4 corners of the field.

Corner kick- A direct free kick taken by the attacking team from the one yard arc at the corner of field.

Dribbler - A player who advances the ball while controlling it with his feet.

Dribbling - A way of moving the ball along the ground by using the feet while keeping the ball under player's control.

Foul - A violation of the laws for which an official assesses a free kick.

Free kick -A kick awarded to a players team for a foul committed by the opposition; the player kicks a stationary ball without any opposing players within 10 yards of the ball.

Header - The striking of a ball in the air by a player's head.

Score - To put the ball into the net for a goal; also, the tally of goals for each team playing in a game.

PE Health and Safety Rules

- No jewellery of any type can be worn.
- Hair must be tied away from the face at all times.
- Trainers must be worn.

In Year 2 Knowledge will be extended by:

- Developing the cushioning of the ball for a first touch.
- Looking at advantage play and passing through a defensive line.
- Heading the ball in a game situation
- Effectively taking a corner kick
- Exploring goal shooting and placing the ball.
- Tackling another player



Equipment

- Footballs
- Cones
- Bibs

Key Questions

- How do you pass and receive a ball?
- When would be appropriate to head a ball?
- How do you tackle a player?
- If shooting which part of the foot do you use?