

KS2 Hockey

In hockey in KS2, the children will learn individual skills such as feint dodges, flicks, jab tackles and basic attacking and defending as well as tactical play. They will participate in team games and use some of the basic rules of hockey.

In this unit children will:

- Participate in team games.
- Be able to communicate effectively.
- Dribble open stick and Indian dribble.
- Developing simple tactics for attacking and defending.
- Jab tackle on the open side and reverse side.
- Practice 3 different types of feint dodge and begin to use them in games.
- Be able to practise flicking the ball.
- Become familiar with some of the key rules of the game.

Prior Learning

KS1 Unihoc

Cross Curricular Links

Hockey can be linked to maths for counting and sequencing, as well as direction.

Key Vocabulary

Dribble- run while controlling the ball with the stick

Flick- movement of the stick that lifts the ball off the ground

Obstruction- offence of shielding the ball from an opponent with one's body or stick

16-yard hit: Free hit for the defense 16 yards from the goal after an offensive player hits the ball over the end line.

Center pass: Pass from midfield used to start each half and following all goals. "Free hit" rules apply. Also called "pass-back."

Clearing: Hitting the ball away from the goal on defense, usually as a pass up the field.

Cross: Passing the ball in front of the opponent's goal to create a scoring opportunity. Also called "centering."

Feint Dodge- A move to trick the opposition into thinking you are going to advance one way when you advance another.

Rules and Regulations

- No jewellery of any type can be worn.
 - Hair must be tied away from the face at all times.
 - Trainers must be worn. Shin pads may be worn if wanted.
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- **If the ball touches your feet it is a free hit for the other team.**
 - **A player awarded a free hit may take the ball themselves in a 'free pass'.**
 - **Tackles must not be obstructive and the ball must be 'made'.**
 - **A combination of dribbles and feint dodges in the game are encouraged.**
 - **Because a 'keeper' is not wearing kickers, they will not be allowed to kick the ball.**
 - **Long and short corners will be awarded when the ball goes off the back line.**
 - **Only the open side of the stick may be used.**
 - **Flicks will be taught and practised but not used in games.**



Equipment

- Hockey Sticks
- Hockey Balls
- Cones
- Bibs

Key Questions

- What are the three different types of feint dodge?
- Why would you jab tackle?
- When would a flick be appropriate in a game?
- What is the difference between an open stick and an Indian dribble?