

LKS2 Football

Football in LKS2 will build on the core skills learnt in KS1. The children will also look at tactics, playing the ball through a defensive line, man marking and zonal marking and volleys as well as playing in competitive games.

In this unit children will:

- Participate in team games.
- Be able to communicate effectively.
- Volley the ball.
- Learn how to man mark and zonal mark.
- Play in competitive games.
- Practice heading a ball.
- Turn with a moving ball.
- Become familiar with most of the key rules of the game such as free kick, corner, hand ball, foul, advantage and the card system.

Prior Learning

EYFS Football Skills

KS1- Passing, Receiving, Dribbling, basic rules.

Cross Curricular Links

Football can be linked to maths for counting and sequencing, as well as direction.

Key Vocabulary

Volley - Any ball kicked by a player when it is off the ground.

Yellow card -A playing card-sized card that a referee holds up to warn a player for dangerous or unsportsmanlike behavior; also called a caution; 2 yellow cards in one game earns a player an automatic red card, signaling his removal from the game.

Zone -A type of defense that assigns each defender to a particular area in front of or around his team's goal in which he is responsible for marking any attacker that enters.

Set play-A planned strategy that a team uses when a game is restarted with a free kick, penalty kick, corner kick, goal kick, throw-in or kickoff.

Dribbling - A way of moving the ball along the ground by using the feet while keeping the ball under player's control.

Foul - A violation of the laws for which an official assesses a free kick.

Free kick -A kick awarded to a players team for a foul committed by the opposition; the player kicks a stationary ball without any opposing players within 10 yards of the ball.

Header - The striking of a ball in the air by a player's head.

Marking, man-to-man -Marking a particular opponent in all the important defensive areas of the field.

PE Health and Safety Rules

- No jewellery of any type can be worn.
- Hair must be tied away from the face at all times.
- Trainers must be worn.

In Year 4 Knowledge will be extended by:

- Developing technique of the core skills
- Focus on territory and using it to an advantage
- Volleying the ball in a game situation
- Effectively taking a corner kick
- Exploring goal shooting and placing the ball.
- Tackling another player



Equipment

- Footballs
- Cones
- Bibs

Questions

What is man marking and how is it different to marking a zone?

What is territory, how do you win and lose it?

How can I make my shot harder?

What do I need to know for a competitive game?