

## UKS2- Tennis and Table Tennis

In this unit, children will refine their forehand and back hand stroke and return of the ball. Children will be scoring their own matches. They will learn the skills needed to make a drop shot and a volley. Children will learn about key athletes and competitions in tennis and table tennis and participate in their own tournaments.

### In this unit children will:

- Refine the varying strokes they have learnt so far.
- Use the correct vocabulary throughout.
- Score matches accurately
- Learn about key tennis athletes and competitions, exploring other countries dedication to tennis and table tennis.
- Be involved in a Wimbledon style tournament.

### Prior Learning

KS1: forehand, backhand and serves in tennis

KS2: Drop shot, volley

### Cross Curricular Links

Geography + History of Tennis

Science- The Human Body

PSHE- Healthy Active Lifestyles

Maths - Scoring

### Key Vocabulary

**Grand Slam** - any one of the four most prestigious tennis tournaments including the Australian Open, the French Open, Wimbledon and the U.S. Open.

**Match point** - when one tennis player only needs one more point to win the entire match

**Volley** - a shot where the ball is hit by the player's racquet before the ball hits the ground

**Drop shot** - a strategy where the tennis player hits the ball just go over the net. It is used when the opponent is far from the net.

**Advantage** - when a tennis player needs one more point to win the game after the score was deuce

**Set point** - when a tennis player needs one point to win the set

**Match point** - when one tennis player only needs one more point to win the entire match

**Doubles** - a tennis game played by four players, two per side of the court.

## Health and Safety

- 1) Children will work to their own limits and not push themselves to the point of exhaustion.
- 2) Children will inform the teacher of any injuries at the beginning of lessons.
- 3) Children will wear socks and trainers or sandshoes in the hall.



### In year 6 this will be developed by:

- Children scoring their own rallies using the correct terminology
- Children alternating between strokes during rallies
- Children using drop shots and volleys in matches.
- Children transferring their skills into table tennis games, noting the similarities between the two.

### Equipment Needed:

- Tennis Rackets
- Tennis Balls
- Cones
- Nets
- Targets
- Table Tennis bats and balls
- Table Tennis Tables

### **Key Questions**

What are the different types of shot in tennis?

What is the scoring system for tennis?

How is it different to table tennis and badminton?

What are the basic rules of tennis?