

## Year 6 - Dreams and goals.

Over the term, we will be looking at our dreams and goals. We will look at what a dream is and how to set goals for ourselves that are achievable. We will be reminded of Growth Mindset and being resilient in our learning and trying no matter how hard things get.

### In this unit children will:

- Understand why it is important to stretch the boundaries of their current learning.
- Set success criteria so that they will know whether they have reached their goal.
- Recognise the emotions I experience when I consider people in the world who are suffering or living in difficult situations.

### Prior Learning

**EYFS** – Discussing next steps.

**Year 1-5** – Dreams and goals.

**Year 5** - enterprise.

### Cross Curricular Links

**Art** – Drawing & colouring.

**D&T/ICT** – plan and design an event or project that can raise money for a chosen charity.

### Key Questions

- What is a dream?
- What is a goal?
- How do we achieve these?
- Can anything help me complete my goal?
- Can a dream be too ambitious?
- Are all my dreams achievable?

### Key Vocabulary

- **Resilient** - the capacity to recover quickly from difficulties; toughness.
- **Achievement** - something that is done successfully with effort, skill, or courage.
- **Perseverance** - persistence in doing something despite difficulty or delay in achieving success.
- **Determination** - Determination is a positive emotional feeling that involves persevering towards a difficult goal in spite of obstacles.
- **Process** - a series of actions or steps taken in order to achieve a particular end.
- **Motivated** - provide (someone) with a reason for doing something.

### Key Knowledge

- Goals are something you are acting on, completing **processes** to obtain your end goal and being **resilient**.
- In order to complete a goal you must **persevere** and be **motivated** to reach the final product.
- To achieve a goal you must have **ambition** as lack of ambition will cause a fixed mindset.
- Goals are more realistic than dreams as they require hard thought determination, whereas dreams can often be fantasy with little or no success.