

## LKS2 Dance: What is dance and how do other cultures dance?

In the Dance unit, we will explore different dances from other cultures, listen to the mood of music and develop our own rhythm in accordance to the flow of the music. We will work on our facial expressions, working in canon and unison and dancing at different levels.

### In this unit children will:

- Perform dances using simple movement patterns
- Improvise dance to different music
- Use different body parts to move to music
- Consider facial expressions in relation to different music.
- Discuss what dance style would reflect the mood of a song.
- Develop special awareness
- Combine movements in a sequence
- Learn about dances of other cultures and replicate a dance from another culture.

### Prior Learning

**KS1: mastering basic movements**

### Cross Curricular Links

**Science- The Human Body**

**PSHE- Healthy Active Lifestyles, Other Cultures**

### Key Vocabulary

**Acceleration-** Speeding up movement

**Artistic Intention-** The aim of the dance choreography

**Canon-** When the same movements overlap in time.

**Choreography-** The art of creating the dance.

**Duet-** Two performers

**Execution-** Carrying out actions with the required intention

**Facial Expression-** Use of the face to show mood, feelings or character,

**Improvisation-** Creating movements without planning them.

**Levels-** Distance from the ground

## Key Skills Covered

- Dynamic warm ups and static cool downs.
- Compose our own dances.
- Use different levels in our composition.
- Combine dance moves to create a sequence
- Move in accordance with the pace and mood of music
- Listen to, learn and replicate dances from other cultures.



**Year 1:** Disco Dances from around the world

**Year 2:** USA: Country Dancing

**Year 3:** British Morris Dancing

**Year 4:** African Dance

**Year 5:** New Zealand Haka

**Year 6:** Indian Bollywood

## Health and Safety

- 1) Children will work to their own limits and not push themselves to the point of exhaustion.
- 2) Children will inform the teacher of any injuries at the beginning of lessons.
- 3) Children will either be bare foot for dance, long hair will be tied back and earrings will be taken out or taped.

## Key Questions

Why do countries have different dance styles?

What does a dance consist of?

How does dance improve my flexibility, balance, strength and coordination?