

Children will learn different directions of North, East, South and West. Children will be able to run in a sequence. Children will look at maps and try to find correct cones. Children will be able to work independently and in pairs to follow sequences and maintain a good level of fitness.

In this unit children will:

- Know their left from right.
- Be able to read points on a compass.
- Be able to follow a sequence.
- To be able to work together in pairs.
- To be able to locate points on a map

Key Questions

What is orienteering?
Why do we need maps?

Prior Learning

EYFS Running, knowing left and right

Cross Curricular Links

Maths, geography, history, French, Science,
Outdoor Learning

Key Vocabulary

Compass- shows the direction of North, East, South and West.

Control Card In the event of manual punching, a paper punch-card that must be carried by a competitor to verify that each control was visited.

Control Marker Also referred to as a 'marker', 'bag', or 'flag', these are the structures placed at controls. They're usually three-sided and orange & white in color, and will have a punch or other method of marking a control card to prove the control has been visited.

Orienting the Map Fundamental to the sport of orienteering, this is the process of associating the map to the actual features of the course, allowing successful navigation.



Equipment

Coloured cones, different pattern cards, map of the school.