

UKS2 Rugby Skills

Children will pass and receive the ball correctly. They will identify each of the types of kick. Children will be able to tackle properly in a controlled environment. Children will also take part in tag team games and use the rules of the game to play mini games.

UKS2 Rugby Skills

At the end of this topic children will be able to:

- Pass and receive the ball correctly
- Run and pass backwards
- Tackle using the correct technique on the tackle bag.
- Understand some of the rules of play to take part in mini games.
- Identify the different types of kick.
- Play mini games that include scoring tries and aim to represent the school team.
- Understand the importance of warm ups and cool downs.

Prior Learning

EYFS- Rugby Skills

KS1- Rugby Skills- pass, receive, run

LKS2- Rugby skills- kicking, tackling

Cross Curricular: Maths



Key Vocabulary

Rugby ball- The oval shaped ball used for rugby.

Grubber Kick - A kick that bounces along the floor.

Conversion- Kicking the ball through the posts.

W Grip- the position of your hands in a W shape when wanting to receive the ball.

Ball carrying hand- the arm used to hold the ball under the arm.

Children must tie their hair up for PE.

Children must wear the correct PE kit.

Children must tape any earrings. Children will warm up and stretch before activity.

Key Questions

How are games scored?

How many tackles are in a game?

Why are there different types of rugby? Union, League, Tag, Sevens